



KESHIA POWELL-BYERLY, M.ED, LPC

PERFORMANCE COACH

EDUCATION

Lamar University

*Master of Education,
Clinical Mental Health
Counseling B.A.A.S.,
Social Work*

CERTIFICATION

Profile Certification

Training Personalysis

Certificate in Leadership

Transformation Leadership

*Executive Sales and Operational
Training*

EXPERTISE

Human Services

Community Health

Program Development

Family Counseling

Leadership Training

Work-Life Balance Training

Training and Education

Community Involvement

Motivational Speaking

Crisis Intervention

Mental Health Assessment

Needs Assessment

ABOUT ME

Keshia is a generational influencer and transformational leader that continues to be a highlight in any company she works with. Dealing with human services, human consulting and development, she is able to apply her 15 years of experience in human services in sectors where development is possible. Keshia's love for people, humble spirit and joyful personality makes her a natural leader in HRD. Her experience with counseling individuals helps her deliver to others solutions to the work-life balance issue that is prevalent in many individuals' lives. Being the positive influencer to help individuals through problems is what Keshia loves to do. This mindset encapsulates one of the many broad aspects of the HRD field and sets Keshia up to be an invaluable member of a team.

EXPERIENCE

Performance Coach, edOpp Solutions LLC

Deliver personal, 1-2-hour discovery sessions for a better understanding of the specific needs and wants of the participant. Identify each participant's ambitions, careers challenges, key opportunities, as well as assisting them with identifying career goals. Assist participants in the creation of tailored leadership development plans and performance improvement.

Founder, COREporate Energy Solutions, LLC

Created the company to establish working conditions that are designed to reduce day to day stress that enable teams of people to thrive individually and as a unified company. Sections such as Grief Coaching, Divorce Recovery Coaching, Sports Training and Coaching, and Individual Coaching were designed to assist people who need a professionals help to find a solution through an intimate, complex problem. Family Support establishes family counseling and human development techniques to provide help and commitment to families.

Consultant, Divine Purpose Enterprises

Advise professional athletes, celebrities, entertainment industry professionals, and well-known pastors in balancing their personal lives away from their work occupation. Aid in establishing a solid foundation for security, wisdom, and personal power by using correct principles in accordance to the needs of the individual. Conducts seminars on empowerment, personal, and professional growth. Guide individuals with everyday challenges by assisting them with solutions to balance life situations.

